

Indian Lake Central School District Cafeteria Menu – April 2010

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Plain Bagel, Cream Cheese, Fruit, Juice ----- Cheese Nachos, Tossed Salad, Green Beans	2 Good Friday
5	6	7	8	9
Spring Recess	Spring Recess	Spring Recess	Spring Recess	Spring Recess
12 Waffles, Syrup, Fruit, Juice ----- Chicken Patty on a Bun, Potato Puffs, Green Beans, Fruit	13 Muffin Square, Cheese Stick, Fruit, Juice ----- Chicken a'la Jeff, Garden Salad, Dinner Roll, Fruit	14 Bagel, Cream, Cheese, Fruit, Juice ----- Choice of Soup, Egg Salad or Peanut Butter Sandwich, Carrot Stick, Dip, Brownie	15 Scrambled Eggs, Hash Brown, Fruit, Juice ----- Oven Baked Chicken, Mashed Potatoes, Peas, Fruit	16 Toasted Oats, Toast, Jelly, Fruit, Juice ----- Hamburger on a Bun, Lettuce, Tomato, Onion, French Fries, Carrots, Fruit
19	20	21	22	23
Pancake, Syrup, Fruit, Juice ----- Toasted Cheese, Pasta Salad, Juice, Fruit	Crisp Rice, Toast, Jelly, Fruit, Juice ----- Chicken & Biscuits, Mashed Potatoes, Peas, Cranberry Sauce, Apple Crisp	Bagel, Cream Cheese, Fruit, Juice ----- Sloppy Joe, Potato Puffs, Garden Salad, Fruit	Sausage & Biscuit, Fruit, Juice ----- Baked Potato, Choice of Topping, Broccoli, Bread Sticks, Fruit	English Muffin, Peanut Butter, Fruit, Juice ----- Meatball Sub, Tossed Salad, Green Beans, Fruit
26	27	28	29	30
Breakfast Pizza, Fruit, Juice ----- Chicken Nuggets, Rice Pilaf, Peas, Fruit	Muffin Square, Yogurt, Fruit, Juice ----- Cheese Ravioli, Garden Salad, Garlic Bread, Vanilla Pudding	Cinnamon Roll, Cheese Stick, Fruit, Juice ----- Ham Steak, Scalloped Potatoes, Green Beans, Roll & Margarine, Fruit	Toasted Oats, Toast, Jelly, Fruit, Juice ----- Taco Salad Bar, Refried Beans, Fruit	French Toast, Syrup, Fruit, Juice ----- Cheese Pizza, Tossed Salad, Peas, Fruit

*Choice of Milk: Whole, Reduced Fat, Low Fat
Chocolate, No Fat Strawberry.
Entrée Alternatives: Peanut Butter and Jelly or
Cheese Sandwiches, Yogurt.*



*Prepayment available – call (518) 648-5024 for
information.
Menu subject to change without notice.*